

# TO BE A HEALTHY EATER I HAVE A PLAN

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anger. His knobby countenance was so sensitive that the light breeze flailed his skin as cruelly as if it had been a barbed lash. Empowered by rage even more beautiful than his countenance was monstrous, he crossed the parking lot, looking through car windows in the hope of seeing keys dangling from an ignition..Intending to keep the front of the gallery under surveillance from behind the wheel of his Mercedes, Junior checked the time as he walked toward the car. His wrist was bare, his Rolex missing..AT ST. MARY'S HOSPITAL, where Wally had brought Angel into this world three years ago, he was now fighting for his life, for a chance to see the girl grow and to be the father she needed. He'd been taken to surgery already when Celestina and Angel arrived a few minutes behind the ambulance..These kids were the same age, yet listening to them was akin to hearing Angel do her charming shtick with an adult who had a lot of patience, a sense of humor, and an awareness of generational ironies..Then from San Francisco International, through the fog-shrouded streets of the night city, to St. Mary's, to Room 724. And to the discovery that Phimie's blood pressure was so high-210 over 126-that she was in a hypertensive crisis, at risk of a stroke, renal failure, and other life-threatening complications..interminably against the ignition plate before, at last, he was able to insert it. "Should be a boy, because then you'll always have a man around the house.".The muffling fog quieted the city as much as obscured it, and the alley was surprisingly still. Many of the businesses were closed for the night, and as far as Junior could discern, no delivery trucks or other vehicles were parked the length of the block.. "Naomi, are you in there?" Junior whispered again, peering into the windows of the girl's soul..The masterpiece that Junior purchased was small, a sixteen-inch-square canvas, but it cost twenty-seven hundred dollars. The entire picture-titled The Cancer Lurks Unseen, Version 1-was flat black, except for a small gnarled mass, bile-green and pus-yellow, in the upper-right quadrant. Worth every penny..He remembered standing in the cemetery, downhill from Seraphim's grave-although at the time he'd known only that it was a Negro being buried, not that it was his former lover-and thinking that the rains would over time carry the juices of the decomposing Negro corpse into the lower grave that contained Naomi's remains. Had that been a half-psychic moment on his part, a dim awareness that another and far more dangerous connection between dead Naomi and dead Seraphim had already been formed?.Celestina expected to be taken to a waiting room, but instead the nun escorted her to surgical prep.. "Many claimed Maharion's throne, but none could keep it, and the quarrels of the claimants divided all loyalties. No commonwealth was left and no justice, only the will of the wealthy. Men of noble houses, merchants, and pirates, any who could hire soldiers and wizards called himself a lord, claiming lands and cities as his property. The warlords made those they conquered slaves, and those they hired were in truth slaves, having only their masters to safeguard them from rival warlords seizing the lands, and sea-pirates raiding the ports, and bands and hordes of lawless, miserable men dispossessed of their living, driven by hunger to raid and rob.".IN HIS FORD VAN filled with needlepoint and Sklent and Zedd, Junior Cain-Pinchbeck to the world-left the Bay Area by a back door. He took State Highway 24 to Walnut Creek, which might or might not have walnuts, but which offered a mountain and a state park named for the devil: Mount Diablo. State Highway 4 to Antioch brought him to a crossing of the river delta west of Bethel Island. Bethel, for those who had taken good advanced courses in vocabulary improvement, meant "sacred place.".Agnes pulled the stack of cards in front of her. She discarded the first two, as Maria would have done, and turned over the third..He was astonished that adoption records would be sealed and so closely guarded when a child was being placed with a member of its immediate family, with its mother's sister..Agnes discovered, from her research, that among child prodigies, Barty was not a wonder of wonders. Some math whizzes were absorbed by algebra and even by geometry before their third birthdays. Jascha Heifetz, became an accomplished violinist at three, and by six, he played the concertos of Mendelssohn and Tchaikovsky; Ida Haendel performed them when she was five..His wife, Dorothea, adored him, not least of all because he had taken in her eighty-year-old mother and treated that elderly lady as though she were both a duchess and a saint. He was equally generous to the poor, burying their dead at cost but with utmost dignity..The moment he had seen the building in which Nolly maintained an office-an aged three-story brick structure in the North Beach district, a seedy strip club occupying the ground floor-Junior knew he'd found the breed of snoop he needed. The detective was at the top of six flights of narrow stairs-no elevator-at the end of a dreary hallway with worn linoleum and with walls mottled by stains of an origin best left unconsidered. The air smelled of cheap disinfectant, stale cigarette smoke, stale beer, and dead hopes..At one point late in the afternoon, as all three Hackachaks were hurling scorn and invective at Junior, he noticed Vanadium standing in the doorway, observing. Perfect. He pretended not to see the cop, and when next he sneaked a look, he discovered that Vanadium had vanished like a wraith. A thick slab of a wraith..He paused, not sure how to proceed. He was not accustomed to writing letters to total strangers..As punctilious as you might expect any good accountant to be, Bartholomew Prosser didn't delay long enough to make it necessary for Junior to ring the bell twice. The porch light came on..Rena was cheerful, short, and solid. Her waist measurement must have been two-thirds her height, and she favored floral dresses that emphasized her girth. With a German accent and in a voice that always seemed about to dissolve in a great gale of mirth, she said, "Madchen lieb, you look like a Christmas candle to me.". "Soon as Cain is out of sight, we yank up our tricky vending machines, then haul the real ones out of the van and bolt 'em down again. Slick, fast. People are still picking up quarters when we finish. And get this-they want to know where the camera is.". "O foolish writer. Now moves. Even in storytime, dreamtime, once-upon-a time, now isn't then..Friday, January 14, eight days after Joey's death, Agnes closed the sofa bed, intending to sleep upstairs from now on. And for the first time, since coming home, she cooked dinner without resort to friends'." "Three hundred and ninety-six of the dead were children under the age of ten," Jacob continued. "A passenger train was tumbled off the tracks, killing twenty. Another train with tank cars got smashed around, and oil spilled across the flood waters, ignited, and all these people clinging to floating debris were surrounded by flames, no way to escape. Their choice was being burned alive or drowning.".The dying-dove hands fluttered down Junior's arms, plucking feebly at his leather coat, and at last hung limp at Neddy's sides..Celestina turned in her seat to look back at Wally and Angel, who were waving. "I guess I am.".Already the fortune foretold, which she had strived to dismiss as a game with no consequences, was coming true..She herself had been too nervous to eat anything. She'd held the same glass of untasted champagne throughout the evening, clutching it as though it were a mooring buoy that would prevent her from being swept away in a storm..The nurse led the way, while the orderly pushed the gurney from behind Barty's head..The dinner guest leaned back into the car, as though to retrieve something. Perhaps he, too, had been considerate enough to bring a small gift for his hostess..Edom complied, and in the arc of red Bicycle patterns, one card revealed too much white corner, because it was the only one face up..Unsupervised meditation without seed, in sessions longer than an hour, entails risk. To his horror, Junior would discover some of the dangers in September..Most likely, if Victoria was entertaining, the visitor's car would have been parked in the driveway..Instead, she saw Phimie

reborn. She saw, as well, a child endangered. Somewhere out there was a rapist capable of extreme cruelty and violence, a man who would—if Phimie was correct—react unpredictably if ever he learned of his. Cold, wind-driven rain slashed through the missing windows, and voices rose in the street as people ran toward the Pontiac-thunder in the distance—and on the air was the ozone scent of the storm and the more subtle and more terrible odor of blood, but none of these hard details could make the moment seem real to Agnes, who, in her deepest nightmares, had never felt more like a dreamer than she felt now. Alone, Junior sat in the breakfast nook with a pot of coffee and an entire Sara Lee chocolate fudge cake. Junior leaned forward and slid the packet of cash across the desk, toward the detective. "There's more where this came from." Golden lamplight gilded the front windows downstairs. He would sit with Victoria on the living-room sofa, sipping wine as they got to know each other. She might tell him to call her Vicky, and maybe he'd ask her to call him Eenie, the affectionate name Naomi had given him when he wouldn't tolerate Enoch. Soon, they would be necking like two crazy kids. Junior would disrobe her on the sofa, caressing her smooth pliant body, her skin buttery in the lamplight, and then he would carry her, naked, to the dark bedroom upstairs. If blood tests revealed that Junior wasn't the father, Vanadium would have a motive. It wouldn't be the right motive, because Junior truly hadn't known either that his wife was pregnant or that she was possibly screwing around with another man. But the detective would be able to sell it to a prosecutor, and the prosecutor would convince at least a few jurors. During the following day, January 6, as Phimie was wheeled around the hospital for tests in various departments, Celestina remained in 724, working on her portfolio for a class in advanced portraiture. She was a Junior at the Academy of Art College. Glasses off the table. He seized one of the pewter candlesticks, as well, knocking the candle out of it. "The mass of these malignancies suggest they will soon spread—or have already spread—out of the eye to the orbit. There is no hope that radiation therapy will work in this instance, and no time to risk trying it even if there were hope. No time at all. No time. Dr. Schurr and I agree, to save Bartholomew's life, we must remove both eyes immediately." Celestina wanted nothing to do with it, was offended by the very sight of it, and she. "I'm wondering," Nolly said, "if you're not an officer of the law anymore, in what capacity are you going to pursue Cain?" "Yes, Barty," Tom said. "I feel a depth to life, layers beyond layers. Sometimes it's ... scary. Mostly it inspires me. I can't see these other worlds, can't move between them. But with this quarter, I can prove that what I feel isn't my imagination." He extracted a quarter from a jacket pocket, holding it between thumb and forefinger for all but Barty to see. "Angel?" "That's obvious to us, but not always to others. Apparently, this would have been some years ago." He could recall clearly when he had known that he would marry her: during his first year of college, when he'd returned home for the Christmas break. Away at school, he had missed her every day, and the moment that he saw her again, an abiding tension left him, and he felt at peace for the first time in months. At her touch, she felt a tension go out of the doctor. His hands slipped from his face, and he turned to her, shuddering not with fear but with what might have been relief. The thorns had not been stripped from the long stem of the white rose. Vanadium clutched it so tightly that the sharp points punctured his meaty palm. He seemed to be unaware of his wounds. Unobtrusively, Junior followed the musician across the large front room, but by an indirect arc, using the babbling bourgeoisie for cover. Face with one hand, as if pulling off cobwebs. "Did you say you were in my house?" Candle flames blurred into bright smears, and the faces of her good parents shimmered like the half-seen countenances of angels in dreams. For half an hour he studied Barty's eyes with various devices and instruments. Thereafter, he arranged an immediate appointment with an oncologist, as Joshua Nunn had predicted. "Both. Brain and heart. But I've thought it through, Daddy. More than anything in my life, I've thought this through." St. Mary's social workers did not arrive with dawn, so Celestina was given the privacy of one of their offices, where the wet face of the morning pressed blurrily at the windows, and where she phoned her parents with the terrible news. From here, too, she arranged with a mortician to collect Phimie's body from the cold-storage locker in the hospital morgue, embalm it, and have it flown home to Oregon. Prudence required that they strategize as though Enoch Cain were Satan himself, as though every fly and beetle and rat provided eyes and ears for the killer, as though ordinary precautions could never foil him. He paused, giving them a chance to ask the obvious question—and then smiled at their reticence. Rising, Celestina said to Tom, "Last Tuesday night, we had to switch on the lawn sprinklers. This will be much better." By dawn, when the intestinal paroxysms finally passed, this bold new man of adventure felt as flat and limp as road kill. "Well, the lab could detect abnormally high salt levels, but that wouldn't matter in court. He could say he ate a lot of salty foods." Smiling, pulling the blanket more tightly around herself, she said, "You look after your old mom, don't you?" He rolled Neddy onto one side, but no gold watch lay underneath, so he let the musician flop onto his back again. Since dealing with Victoria and the detective, Junior had taken pride in the fact that he'd kept his equanimity and, more important, his lunch. No acute nervous emesis, as he'd suffered following poor Naomi's death. Indeed, he had an appetite. Grace, Celestina, and Paul expressed amusement and amazement at Angel's critical judgment. He already had the pistol he had taken from Frieda Bliss's collection, but it didn't come with a sound-suppressor. He was preparing for all contingencies. Focus. She couldn't explain her anxiety to him, because he believed in the supremacy of laws, in the justice that might be delivered in this life, in a comparatively simple reality, and he would not comprehend the gloriously, frighteningly, reassuringly, strangely, and deeply complex reality Agnes occasionally perceived—usually peripherally, sometimes intellectually, but often with her heart. This was a world in which effect could come before cause, in which what seemed to be coincidence was, in fact, merely the visible part of a far larger pattern that couldn't be seen whole. "Crafty men" is what they called wizards in those days. He liked her face, too. She wore no makeup, and pulled her brown hair back in a bun. Some might say she was mousy, but the only things mousy that Nolly saw about her were a piquant tilt to her nose and a certain cuteness. Pistol that he'd purchased in late June. The city operated a program to melt confiscated and donated weapons and to remake them into plowshares or xylophones, or into the metal fittings of hookah pipes. Recalling how the title of the exhibition had resonated with him when first he'd seen the gallery, brochure, Junior felt certain now that a tape-recorded early draft of this sermon was the kinky "music" that accompanied his evening of passion with Seraphim. He couldn't remember one word of it, let alone any element that would have deeply moved a national radio audience, but this didn't mean that he was shallow or incapable of being touched by philosophical speculations. He'd been so distracted by the erotic perfection of Seraphim's young body and so busy jumping her that he wouldn't have remembered a word, either, if Zedd himself had been sitting on the bed, discussing the human condition with his customary brilliance. After a bit Otter nodded left, away from the grey stone tower. They walked on towards a long, treeless valley, past grass-grown dumps and tailings. Leaving the children under the tree, Tom returned to the house to phone the police. Junior couldn't imagine why some Negro stranger would want to intrude. He hoped there wouldn't be trouble. This philosophy had worked for him previously, but forgetting the aftermath was more difficult when the aftermath was your own

poor, torn, severed toe. Your own poor, torn, severed toe was infinitely more difficult to ignore than a busload of dead nuns..When Nolly sighed and frowned, his lumpish face seemed in danger of sliding off his skull, like oatmeal oozing off a spoon. "Mr. Cain, much as I regret it, I'm afraid I'm going to have to return half of the retainer you gave me." "I can try, your highness." "To support my eyelids. And because without anything in the sockets, I look gross. People barf. Old ladies pass out. Little girls like you Pee their pants and run screaming." "Where did you hear that expression," she demanded, though she couldn't conceal her amusement..ONWARD THROUGH THIS Monday, January 17, this momentous day, when the ending of one thing is the beginning of another..On one wall hung an impressive array of gardening tools. In the corner was a potting bench.

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